

Praise for The Hamster Revolution

“A must-read for every employee I supervise. You’ll love it!”

—Richard L. Andersen, CFE, Executive Vice President, San Diego Padres

“Great stuff! This book delivers simple and practical email management protocols.”

—Paul Roithmayr, Director, Organization Development & Training, 20th Century Fox Film Corporation

“A clever way to add 15 days to your year.”

—Joe DiDonato, Executive Vice President and Chief Technology Learning Officer, Countrywide Mortgages

“A powerful new strategy for email efficiency and etiquette.”

—Lamonte Thomas, Vice President of Sales and Customer Relations, Cigna

“These email practices will change the way you work.”

—Matt Koch, Director, Productivity & Knowledge Management, Capital One

“A home run! Find time for what matters most. For example, taking your family to the ballpark!”

—Rick Mears, Vice President, Guest Services, San Francisco Giants

“Cut through email clutter and take control of your life!”

—Lisa Lelas, author of *Simple Steps: 10 Weeks to Getting Control of Your Life*

“A refreshing and humorous approach to reducing email overload. We use the insights every day.”

—Steve Stone, CEO, Infloows

“Simple and profound! I’m having my whole team read it.”

—Mike Gugerty, Scientist, Southern California Edison

“Put an end to needless emails and missing files.”

—Sam Biegelsen, Business Development Executive, Jeppesen, a Boeing Company

“Easy to implement and powerful in results.”

—Robert Cross, Assistant Professor of Management, University of Virginia and author of *The Hidden Power of Social Networks*

“Quick, easy, and fun to read—an effective antidote to the bulging, time-draining mailbox.”

—Carol Metzker, coauthor of *Appreciative Intelligence*

“Using the techniques outlined in this book, we achieved significant productivity improvements, including a reduction of time spent on email averaging eight days per year per colleague.”

—Nic Oatridge, Global Head of IT, Fortune 200 Pharmaceutical Company

“How is it possible that no one has written this book until now? This amazing guide will help you get off the email wheel!”

—Ruben Rodriguez, Senior Business Partner, Healthcare Industry

“Chock full of ideas to address one of the biggest issues facing knowledge workers today—information overload.”

—Cindy Domanowski, Vice President, Sales Training and Leadership Development, Major Accounts, ADP, Inc.

“This step-by-step guide will free you from ‘e-grip’ forever.”

—Garry Ridge, President and CEO, WD-40 Company

“Original and witty. There may be other books on email but this is the stand out.”

—Irene Sitbon, Executive Search Consultant, Bridge Partners, LLC

“AMAZING! Email used efficiently is an incredible tool. This book certainly opened my eyes!”

—Michael A. Serchia, Director of Human Resources, International Coffee & Tea

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